



The Yale Vascular Medicine Outcomes (VAMOS) Conference *New Horizons: Integrated Cardiovascular Care of the Future*

Friday & Saturday, May 24—25, 2024
The Yale Club of NYC, New York, NY



This two-day symposium will bring together national and international interdisciplinary thought leaders and experts in cardiovascular care, adopting a multi-stakeholder perspective in a platform that aims to challenge the current status quo in the way cardiovascular care is delivered, with a heavy emphasis on highly technological care, as opposed to whole-person care.

RSVP & DETAILS:

yale.cloud-cme.com/VAMOS2024

CONTACT:

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PROGRAM OVERVIEW

Check-in:

Fri, 12:30 PM—1:00 PM

Sat, 7:00 AM—8:00 AM (Breakfast Buffet Expo)

Lectures

Fri, 1:15 PM—4:45 PM

Sat, 8:00 AM—11:00 AM

Keynote Lectures:

Fri, 4:00 PM—4:45 PM

Sat, 8:00 AM—8:40 AM

Reception:

Fri, 4:45 PM—5:30 PM

6.50 AMA PRA Category 1 Credits™



SYMPOSIUM DIRECTORS & SPEAKERS

COURSE DIRECTORS

Carlos Mena-Hurtado MD

*Associate Professor of Medicine
Yale School of Medicine
Co-Director, Vascular Medicine Outcomes
(VAMOS) Program
Medical Director,
Vascular Medicine Program*

Kim Smolderen PhD

*Associate Professor of Medicine and
Psychiatry
Yale School of Medicine
Co-Director, Vascular Medicine Outcomes
(VAMOS) Program*

KEYNOTE SPEAKERS

Keith Churchwell MD, FAHA

*President-Elect, American Heart Association
(AHA), 2023–24*

Martin Seligman PhD

*Director of the Positive Psychology Center
Zellerbach Family Professor of Psychology,
Department of Psychology, UPenn
Director, Master of Applied Positive
Psychology program (MAPP), UPenn
Past President, American Psychological
Association 98'*

SPEAKERS

Peter A. Blume DPM, FACFAS

*Medical Director,
NOS/HVC/Ambulatory Surgery
Podiatric Service Line Physician Executive
Yale New Haven Health Systems
Assistant Clinical Professor of Surgery,
Anesthesia and Cardiology
Yale School of Medicine*

Jan Heyligers MD, PhD

*Consultant Vascular Surgeon
Elisabeth TweeSteden Hospital
Tilburg, The Netherlands*

Michael Jones MD

Baptist Health Kentucky

Uwe Fischer MD

*Assistant Professor Vascular Surgery
Yale School of Medicine*

Elvira Lang MD

CEO and Founder, Comfort Talk®

Betty Sue Flowers, PhD

*Emeritus Professor of English
University of Texas at Austin
Former Director, Lyndon Baines Johnson
Library and Museum*

William Lombardi MD

*Clinical Professor of Medicine
Director, Complex Coronary Artery
Disease Therapies
University of Washington Medical Center*

Cynthia de las Fuentes PhD

*Incoming President of the American
Psychological Association*

Amy Pollak MD

*Director, Women's Heart Clinic
Director, Community and Comprehensive
Cardiology Clinic
Mayo Clinic (Florida)
Co-chair, AHA PAD National Action Plan*

Valentin Fuster MD, PhD

*Editor in Chief,
Journal of American College of Cardiology
President of Mount Sinai Heart
Physician-in-Chief, The Mount Sinai Hospital*

**Gary Roubin MD, PhD**

*Medical Director, Cardiovascular Associates,
Southeast Birmingham, Alabama
Chief of Cardiology,
Brookwood Medical Center*

Julie Tyler

Senior VP and President, Abbott Vascular

Eric Velazquez MD

*Robert W. Berliner
Professor of Medicine (Cardiology)
Chief, Cardiovascular Medicine
Yale School of Medicine
Physician-in-Chief, Heart and Vascular
Center, Yale New Haven Health*

Anna Yusim MD

*Clinical Faculty Member, Yale School of
Medicine
Author, “Fulfilled: How the Science of
Spirituality Can Help You Live a Happier,
More Meaningful Life”*

Roy Ziegelstein MD

*Sarah Miller Coulson and Frank L. Coulson,
Jr. Professor of Medicine
Vice Dean for Education at Johns Hopkins
University School of Medicine*

LEARNING OBJECTIVES

At the conclusion of this program, the participants should be able to:

- Review different models of integrated care delivery and care coordination in vascular specialty settings
- Examine gaps in vascular care delivery and define more value-based models of vascular care
- Discuss the mechanisms of the larger health care landscape that influence the context of care design for vascular disease
- Apply workflows of integrated behavioral care for vascular disease
- Examine methodological challenges and solutions to build value-based models of care for vascular disease
- Review skills and competencies to build careers in integrated vascular care delivery
- Discuss scientific innovations that advance our insights into whole person vascular care



AGENDA *subject to change*

FRIDAY, MAY 24TH

- 12:30 PM Check-in and On-site Registration
- 1:00 PM Welcome and Opening Remarks
Carlos Mena-Hurtado MD and Eric Velazquez MD
- 1:15 PM Integrated Care in Cardiovascular Medicine:
The Next Big Innovation Following the Invention of the Coronary Stent
Kim Smolderen PhD

SESSION I

Humans as Machines and Unmanageable Cardiovascular Disease and Mental Health Burden

- 2:00 PM Lessons Learned after Bringing the First Coronary Artery Stent to the US Market
Gary Roubin MD, PhD
- 2:15 PM The Nature of Transformational Change in Fields: Global Strategies and Thinking
Betty Sue Flowers PhD
- 2:30 PM Humanity and Cardiovascular Disease and Mental Illness Burden: A Global View
Valentin Fuster MD, PhD
- 2:45 PM Panel Discussion
- 3:00 PM Refreshment Break

SESSION II

Roundtable Panel with Key Policy, Health Administration, and Advocacy Stakeholders: “Designing Person-Centered Cardiovascular Care of the Future”

- 3:15 PM Bringing Psychology to the People
Cynthia de las Fuentes PhD
- 3:20 PM Training the Next Generation of Cardiovascular Medicine
and Cardiovascular Psychology Specialists in an Era of Integrated Care
Roy Ziegelstein MD
- 3:25 PM Mission Driven Innovations in Industry to Improve Cardiovascular Health
in Communities: A Moral Imperative
Julie Tyler
- 3:30 PM Panel Discussion
- 4:00 PM **Keynote Lecture**
The Circuit of Hope: How Cardiovascular Care Could Benefit from Positive Psychology
Martin Seligman PhD
- 4:45 PM Reception | *Performance by musician Christian Vegh*



SATURDAY, MAY 25TH

7:00 AM Breakfast Buffet Expo

SESSION I

Joining our Mission of Person-Centered Integrated Care: Inspirational Voices

8:00 AM **Keynote Lecture**
Keith Churchwell MD, FAHA

8:40 AM Hypnosis in Your Cath Lab Suite: Could it Become Standard of Care?"
Elvira Lang MD

9:20 AM On Cardiology and Psychological Trauma Exposure: Breaking the Silence
William Lombardi MD

9:40 AM Panel Discussion

SESSION II

Roundtable Event: Designing Future Cardiovascular Centers of Excellence and Innovation Interactive Session, 10:00 AM – 10:45 AM

- Table on PAD National Action Plan
Amy Pollak MD
- Table on New ACC Council Cardiovascular Psychology
- Table on Holographic Augmented Superposition of Patient-Specific Imaging
Jan Heyligers MD, PhD
- Table Mental Health and Spirituality
Anna Yusim MD
- Innovations in Carotid
Michael Jones MD
- Innovations in Podiatry
Peter A. Blume DPM, FACFAS
- AI Applications for Vascular Disease
Uwe Fischer MD

10:45 AM Closing Remarks

11:00 AM Adjourn



REGISTRATION FEES

Registration fee* includes breakfast, refreshment break, lunch, and reception:

CATEGORY	ON OR BEFORE 4/19/2024	AFTER 4/19/2024
Behavioral Scientist	\$50	\$100
Clinical Psychologist	\$50	\$100
Physician	\$50	\$100
Psychiatrist	\$50	\$100
Nurse/PA/Allied Health Professional	\$25	\$50
Social Worker	\$25	\$50
Non-Yale Resident/Fellow/Student	\$15	\$25
Yale Resident/Fellow/Student	\$0, registration required	\$0, registration required
Yale Department of Cardiology/HVC Staff	\$0, registration required	\$0, registration required
Greenwich Hospital Residents & Hospitalists	\$0, registration required	\$0, registration required

**All cancellations must be received in writing (or via e-mail) at least one week prior to the start of the conference to receive a refund. Any requests for refunds received after this date, or by telephone, will not be honored.*

†A letter of verification from department head must accompany registration. Letter should be sent separately to Yale CME at cme@yale.edu

RSVP:

yale.cloud-cme.com/VAMOS2024

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MOC POINTS ~ Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 Medical Knowledge Only MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

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Financial Statement

The Yale School of Medicine, Department of Internal Medicine, Section of Cardiovascular Medicine is grateful to its supporters. They are acknowledged in all conference materials.